

LUNCH MENU 11:30 - 18:30



GREEN ROOM CLASSICS

Double Veggie Cheese Burger

two tasty soya burgers topped with golden cheddar cheese, a trio of onion rings and served with chips and salad.

(Vg/Vt) 6.45

'No Bull' Quarter Pounder Burger

Topped with Cheese and a Trio of Onion Rings

Fantastically realistic 'meat feel' soya protein burger that has created a taste sensation amongst vegans. Served with chips and salad.

(Vt/Vg) 6.95

Seitan Mock Doner Kebab

garlic marinated seitan kebab slices, served in a wholemeal pitta with red cabbage, baby lettuce, tomato and onion. Tastefully dressed with sweet chilli sauce and garlic mayo. Accompanied by chips, salad and a pot of garlic mayo

(Vg/Vt) 6.45

Chick Pea and Pulled Mock Chicken Pieces Curry

mildly spiced, very tasty curry served with pilau rice and a chapatti.

(Vt/Vg) 6.45

Veggie Parmo

breaded mock chicken fillet with béchamel sauce and cheese topping. Served with chips and salad (Vg/Vt) 6.45

Hot Shot Parmo

same as your veggie version (topped with béchamel but also chilli cheese) and with toppings of red peppers, jalapenos, chilli flakes, pepperoni, red onion and chorizo

(Vt/Vg) 6.95

Stake Sandwich

authentic seitan stake, fried onions and mayo sandwich. Absolutely delicious and served with chips and salad. (Vg/Vt) 6.45

Veggie Hotdog

two, very authentic veggie hotdogs served in a finger bun with fried onions,

American mustard and ketchup, with chips and salad. (Vg/Vt) 6.45

Battered Haloumi

fantastically delicious tasting two battered haloumi fillets, served with chips, salad and a pot of mayonnaise (Vt/Vg 6.75)

DESSERTS

Sticky Toffee Pudding with salted caramel glaze (Vg/Vt) 4.50

Banoffee Pie (Vg/Vt/Gf) 4.50

Seasonal Fruit Crumble (Vg/Vt) 4.50

Deep Base Apple Pie (Vg/Vt) 4.50

(all served with ice cream, custard or cream)

All of our meals are available to takeaway

Healthy, Tasty and Calorie Counted Meals

Sweet potato, quinoa, bulgar wheat and chickpea salad, drizzled with a sweet garlic, tahini and lemon dressing. Served warm with hummus and a wrap

(400 calories) (Vg/Vt) 5.95

Avocado, olives, fetaless cheese, tomatoes, baby leaves and red onion salad, drizzled with French dressing and served with hummus and a warm wrap

(400 calories) (Vt/Vg) 5.95

CHILLI NONE CARNII

Medium spicy and very tasty three bean chilli, served with chips and salad (customers rave about how tasty our meatless chilli is. (500 calories)

(Vt/Vg) 5.95

BAKED JACKET POTATO or BAKED SWEET POTATO

Hummus (Vg/ Vt/Gf - 375 Calories) 4.00

Chick Pea and Pulled Mock Chicken Pieces Curry served on a jacket potato or sweet potato (Vg/Vt- 375 calories)

Mr Nice Pies – Fabulous Veggie Pies

Drunken Mushroom – British mushrooms sautéed in garlic with spinach, hazelnuts and red wine gravy

Rendang Pie – creamy coconut, fine beans, pepper and peanut Indonesian curry, awesomely and mildly spiced gorgeousness in a pie crust.

Bountiful Butternut – hunks of sweet roasted butternut with red lentils in a mild, creamy coconut sauce

Curried Cauliflower and Sweet Potato Pie, mildly spiced and balanced beautifully with the sweet potato flavours. (VG/Vt/G/F)

All served with creamy mashed potato, or chips with mushy peas and gravy (Vg/Vt) 6.75

SIDES

+ SWEET POTATO FRIES 2.75 (Vg/Vt/ Gf)

+ CHIPS 2.50 (Vg/Vt/Gf)

+SIDE OF ONION RINGS 2.50 (Vg/Vt)

+GARLIC BREAD SLICES 2.50 (Vg/Vt)

+SIDE SALAD 1.75 (Vg/Vt/Gf)

+ SAUCES (sweet chilli, garlic mayonnaise, piri piri, mayonnaise, barbecue) 0.30 (Vg/Vt/Gf)

Freshly Baked Daily

See our specials board for our full selection of vegan cakes 2.75 per slice and muffins 2.00

Add cream, custard or ice cream for an extra 50p

If you have **ANY ALLERGIES** – please alert the staff **BEFORE** ordering.

Due to the way we prepare food , additional allergens may be present.

Last order for the daytime menu is 6 p.m. Our evening menu begins at 6.30 p.m.

Vg – Vegan Vt – Vegetarian Gf – Gluten Free

We try to accommodate our customers' needs here at The Green Room wherever possible. However, it is not always possible to totally change a meal from our menu, especially at our busiest times