



THE GREEN ROOM

STARTERS



GARLIC BREAD @ 2.95

ADD CHEESE + 1.00

BREAD & OLIVES @ 3.45

DEEP FRIED POTATO SKINS @ 3.45

SERVED WITH DIP

SOUP OF THE DAY @ 3.95

SERVED WITH WARM CIABATTA BREAD

HUMMUS & PITTA BREAD @ 4.45

MEXICAN CHEESE FILO PASTRY @ 4.45

SERVED WITH RED ONION, MARMALADE,
MIXED SALAD AND BALSAMIC GLAZE TOP

VEGETABLE SPRING ROLLS (4 PIECES) @ 4.45

VEGETABLE SAMOSAS (4 PIECES) @ 4.45

GREEN ROOM NACHOS @ 5.95

CLASSIC TORTILLA CHIPS TOPPED WITH MELTED CHEESE,
JALAPENOS, GUACAMOLE, SOUR CREAM AND SALSA.

ADD PULLED JACK FRUIT OR CHILLI NON-CARNE EXTRA 2.00



THE GREEN ROOM

MAINS



TRADITIONAL TEESSIDE PARMO @ 9.95

SERVED WITH CHIPS, COLESLAW AND SALAD

FISH AND CHIPS @ 7.95

SERVED WITH MUSHY PEAS AND TARTAR SAUCE

SPANISH WILD MUSHROOM PAELLA @ 7.95

SHAWARMA KEBAB @ 7.95

SERVED WITH TORTILLA WRAP, MIXED SALAD AND FRIES

MEXICAN FAJITA @ 8.95

SERVED WITH TORTILLA BREAD, GUACAMOLE, SALSA AND SOUR CREAM

SAUSAGE, MASH & VEG @ 8.95

SERVED WITH HOME MADE RED ONION GARVY

HOMEMADE LASAGNE @ 8.95

SERVED WITH GARLIC BREAD AND SALAD

MR NICE PIE @ 8.95

SEE MR NICE PIE MENU FOR OPTIONS, SERVED WITH MASH OR CHIPS, MIXED VEG AND GRAVY

CURRY OF THE DAY @ 8.95

SERVED WITH RICE

BURGER OF THE DAY @ 7.95

SERVED WITH FRIES, ONION RINGS AND SALAD, ADD CHEESE
OR PULLED JACK FRUIT EXTRA 1.00



THE GREEN ROOM

SALADS



GREEN ROOM SALAD @ 6.95

SERVED WITH MIXED LEAVES, ROCKET, BABY SPINACH, ARTICHOKE,
HEART OF PALM, AVACADO, CHERRY TOMATO AND CUBES OF CHEDDAR CHEESE

AVOCADO SALAD @ 6.95

SERVED WITH MIXED LEAVES, ROCKET, FETA CHEESE, TOMATOES AND SWEETCORN

HEART OF PALM SALAD @ 6.95

SERVED WITH MIXED LEAVES, ROCKET, MUSHROOM AND BLUE CHEESE

GREEK SALAD @ 6.95

SERVED WITH MIXED LEAVES, FETA CHEESE, MIXED OLIVES, RED ONION, TOMATO AND OREGANO

GRILLED HALLOUMI SALAD @ 6.95

SERVED WITH MIXED LEAVES, CUCUMBER, TOMATO, RED ONION AND MIXED OLIVES

FARMERS SALAD @ 6.95

SERVED WITH MIXED LEAVES, TOMATO, FETA CHEESE, MIXED OLIVES AND ALMONDS

MOZZARELLA SALAD @ 6.95

SERVED WITH MIXED LEAVES, ROCKET, SWEETCORN, MIXED OLIVES AND CHERRY TOMATOES

WHOLE NUT SALAD @ 6.95

SERVED WITH MIXED LEAVES, ROCKET, CARROT, FETA CHEESE, WHOLE NUT AND SESAME SEED



THE GREEN ROOM

KOMBUCHA



FABULOUS HEALTH BENEFITS FROM THIS DRINK INCLUDE

- Antioxidant activity that is 100 times higher than vitamin C and 25 times higher than vitamin E.
- Evidence that it can potentiate the antioxidant and detoxification properties of your body's own master antioxidant, glutathione.
- Promotes gastrointestinal tract (GI) health. It has been shown to aid digestion and also to help prevent damage to the mucosal lining of the GI tract as well as promote healing of existing ulcerations.
- Helps prevent weight gain.
- Helps regulate blood sugar levels and may help prevent the onset of type 2 diabetes.
- May help protect the kidneys from damage due to things like environmental pollutants.
- May help prevent the formation of kidney stones.
- Can help regulate blood lipid levels (cholesterol).
- Can lower blood pressure (hypertension).
- Improves absorption of iron and may prevent anemia.
- Prevents medication-induced liver toxicity and can help the liver process alcohol.
- Can help with headaches, nervousness, and depression.
- Can reduce the severity of symptoms of asthma.
- Can relieve arthritic joint pain.
- Demonstrates some anti-cancer properties.
- Shows antibacterial properties against h. Pylori, salmonella, staph and more.

GIVE IT A TRY FOR JUST £2.95 PER BOTTLE

RHUBARB, GINGER OR ELDERFLOWER FLAVOURS



THE GREEN ROOM

WINES



WHITE

Pinot Grigio

Fresh and airy with peach and citrus notes

Sauvignon Blanc

Italian grape, fresh and airy with citrus and apricot sweet notes

RED

Rioja

Medium bodied with ripe cherry and plum notes

Merlot

Bramble fruit aromas with a subtle spice

ROSE

Pinot Grigio Rose

Fresh and dry with summer berry notes

£3.50 per 175cl glass

£4.95 per 250cl glass

£13.95 per bottle

SPARKLING

Prosecco

£3.50 per glass

£5.00 small bottle

£14.95 bottle



THE GREEN ROOM

DRINKS



BEERS

Peroni	£3.50
Budweiser	£3.25
Corona	£3.50
Badger Beer	£3.50
Old Mout Cider	£3.50
Brother Cider (various)	£3.50

TEA / COFFEE

Tea - Fair-trade	£1.80		
Tea - Earl Grey	£1.90		
Fruit Tea	£1.95		
Green Tea	£1.95		
Fair-trade Americano	£2.10	Syrup	£2.60
Decaffeinated Coffee	£2.00	Syrup	£2.50
Cappuccino	£2.25	Syrup	£2.75
Latte	£2.35	Syrup	£2.85
Espresso	£2.00	Syrup	£2.50
Hot Chocolate	£2.50	Syrup	£3.00

SOFT DRINKS

Still Water (Bottle)	£1.00
Ginger Beer	£1.50
Dandelion and Burdock	£1.50
Orange Fruit Juice	£1.50
Cranberry Fruit Juice	£1.50
Apple Fruit Juice	£1.50
Dilute Orange	£1.00
Dilute Pineapple	£1.00
Dilute Summer Fruits	£1.00

SPIRITS

Vodka Absolut	£3.50	Double	£4.50
Gin- Bombay Sapphire	£3.50	Double	£4.50
Pink Gin	£3.50	Double	£4.50
Whisky	£3.50	Double	£4.50
Bacardi	£3.50	Double	£4.50
Brandy	£3.50	Double	£4.50
Malibu	£3.50	Double	£4.50
Tequila	£3.50	Double	£4.50

SMOOTHIES AND MILK SHAKES

Greenroom Smoothie	£3.50
Mixed Berry Smoothie	£3.50
Chocolate and Oreo Milk Shake	£3.50
Banana and Peanut Milk Shake	£3.50
Chocolate Milk Shake	£3.50
Raspberry Milk Shake	£3.50
Vanilla Milk Shake	£3.50
Banoffee Milk Shake	£3.50

SOFT DRINKS

Coca Cola	£1.50
Diet Coke	£1.50
San Pellegrino Orange	£1.90
San Pellegrino Orange & Pomegranate	£1.90
San Pellegrino Lemon	£1.90
San Pellegrino Sparkling Water	£1.90